



JULY

ACTIVITY CALENDAR

Featuring:

- 31 days of themed activities for individuals of all ages
- Ways to incorporate speech, language, and communication development
 - Indoor and outdoor modifiable activities
 - Materials list and applicable links
 - Ideas that are manageable yet flexible



**BUILD LANGUAGE AND
COMMUNICATION SKILLS
EVERY DAY THIS SUMMER**



JULY ACTIVITY CALENDAR

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Theme of the week: Colors 					July 1 Create: Rock painting	2 Active: Play Colors (rainbow) tag
3 Theme of the week: Water Animals Scavenger Hunt 	4 Read: A book or nonfiction passage about water animals Independence Day	5 Outdoor: Look for animals in a river, lake, ocean, or even puddle	6 Meal prep and/or household chore: Clean bathroom or water plants	7 Walk: Look for animals in the water (or neighbors' decorations)	8 Create: Water animal scene with stickers	9 Active: Play with water balloons or sprinkler
10 Theme of the week: Weather Scavenger Hunt 	11 Read: A book or nonfiction passage about weather	12 Outdoor: Observe the weather, including the clouds and wind	13 Meal prep and/or household chore: Organize mud room or (coat) closet	14 Walk: Observe if/how the weather changes; look at shady/sunny areas	15 Create: Weather science lab	16 Active: Create a weather-themed hopscotch game (e.g. sun/clouds instead of numbers)
17 Theme of the week: Superheroes Scavenger Hunt 	18 Read: A book or passage about real or made up superheroes	19 Outdoor: Make a superhero shield or wand using materials found outside	20 Meal prep and/or household chore: Help around the kitchen	21 Walk: Talk about how superheroes with different superpowers would get around	22 Create: Your own superhero mask or uniform	23 Active: Play Superhero Freeze Tag: name a superhero when you get tagged to become unfrozen
24 Theme of the week: Staycation Scavenger Hunt 	25 Read: A book or passage about an adventure at home	26 Outdoor: Create a fort for yourself (or critters)	27 Meal prep and/or household chore: Clean up your bedroom	28 Walk: Count how many homes, cars, or stop signs you see on your walk	29 Create: A DIY birdhouse	30 Active: Play waffle ball or kickball
31 Theme of the week: Things that fly Scavenger Hunt 						

How

to use the calendar:

Themes

During water animals week, you can incorporate animal vocabulary into your activities! This may include a scavenger hunt where you can search for animals that live on or near bodies of water (e.g. frogs), read a book about the water animals, and play with water balloons. You can clean the bathroom or water plants, search for fish or even bugs swimming in the water, and create a picture scene with water animal stickers.

Manageable and flexible

Think of this calendar as a guide for your language learning at home without the structure of traditional intervention! If you do not have paint, or your loved one does not like to use chalk, you can be flexible and repeat activities or pick a similar one of interest (e.g. use crayons instead of paint). On Wednesdays, we have provided options for helping prepare a meal or completing a household chore, as we recognize some individuals are NPO or may have dietary restrictions where preparing a meal is not the most appropriate activity.

You can also modify these activities for different individuals! For example, if you are making a birdhouse, one individual can put the pieces together (more complex), and the other can decorate (less complex). One individual can read some or all the pages in a book, and one individual can point at pictures or turn the page.

Tips

for communication development:

Child-centered language intervention using indirect language stimulation techniques is one treatment option for children with language delays or disorders. (Note: this can apply to adults as well). In basic terms this means: the individual engages in a preferred activity, and the caregiver uses a few techniques to help facilitate language development. These techniques include discussing vocabulary related to the activity, expanding what the individual says about it, or rephrasing it in a different way. Other terms for this type of intervention include **person-centered approach** or **client-centered approach**.

Brief examples include:

Individual: "I see bird."

Caregiver: "Yes, I see two blue birds!"

Individual: "Pink chalk, I make flower."

Caregiver: "You used pink chalk to draw a flower!"

Providing indirect language stimulation opportunities all day can be difficult when you are juggling a million other things to do; we get it. For this reason, we encourage you to use the activity of the day to try to focus on the techniques we mentioned above, and bonus points if you do it more times throughout the day!

Links

for activities and materials*:

Books:

[Pete the Cat: Scuba-Cat](#)
[All About Weather](#)
[Even Superheroes Have Bad Days](#)
[Evelyn Finds a Home](#)
[We also love Readworks for passages](#)

Outdoors:

[Superhero outdoor activities](#)
[DIY Forts](#)
[Paint](#)
[Yarn](#)
[Duct tape](#)

Create:

[Rock painting](#)
[Water animals sticker book](#)
[Weather science lab](#)
[Superhero masks](#)
[Birdhouse](#)

Active:

[Rainbow tag](#)
[Sprinkler, water balloons](#)
[Chalk for hopscotch](#)

*we may make a small commission if you purchase any materials; though, all opinions are our own 😊

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